Ezrat Avot
עזרת אבות
Aging With Dignity.
Since 1976

SPECIAL EVENTS

In addition to the Annual Purim Party for our Day Center participants, **we sponsored a Purim Party together with Chasdei Naomi for more than 80 Holocaust Survivors in the Center.** They enjoyed a delicious, festive meal. Entertainment and Mishloach Manot were enjoyed by all. It was a truly wonderful celebration!

LATEST UPDATES AND NEWS FROM THE HEALTH AND LIFE ENRICHMENT CENTER

It is evident that spring is in the air as preparations for the Passover Holiday are in full swing. We are happy to share updates on activities at the Center. Esther A. both teaches and develops our daily programs to include: **dance, exercise, memory workshops, Torah Classes, arts & crafts, weekly lectures and musical performances.** We recently hosted **9-year-old Yocheved on the piano, Yehoshefat G. on wind instruments, Anna F. on violin, as well as the Jerusalem Municipality High School Band, they were all amazing!**

MEN'S GROUP – PENSIONER'S KOLLEL

We are pleased to see that the synagogue in which the Pensioner's Kollel takes place also benefits the local community. Each day at the conclusion of learning, local residents and employees are joining the Minyan for Mincha. The men love learning with Rabbi Yosef Badihi. **The Kollel provides greatly needed companionship alongside Torah scholarship.** Their prayers for those in need of a refuah shleimah are heartfelt. **You are welcome to notify us of names to include for prayers.**

BAR/BAT MITZVAH PROGRAM EXPANDING

More Bar/Bat Mitzvah boys and girls are choosing to do their "Chessed" as volunteers at Ezrat Avot. Via word of mouth, local families as well as those from abroad hear of this opportunity to have fun while benefiting the elderly of Jerusalem.
Herut, one of the wonderful Bat Mitzvah girls, gave a gymnastic performance for the ladies of the Moadon. Having chosen "Simcha" for her Bat Mitzvah year it was important for her to come in and bring happiness to the ladies. **She also volunteered to deliver food packages and brought joy to a homebound senior on our Meals on Wheels Program.**

OUR VOLUNTEERS

While many are seniors themselves, volunteers of all ages from 3-90! are the backbone of our services. Whether chopping vegetables, packing meals, labeling bags or delivering meals, each task is done with love and dedication. Being able to help our impoverished elderly adds so much meaning to their lives. They also have a good time together! To show our appreciation, volunteers received special Mishloach Manot. **To all of our volunteers, thank you. We couldn't do it without you!**

FOOD SUPPORT PROGRAMS

This year we are again busy working to fulfill the hundreds of requests we receive from seniors who unfortunately cannot afford even the basic items necessary to celebrate Passover. We have never refused anyone who has applied for this help. **This winter, we distributed heaters & blankets to the Meals on Wheels participants.** There was a great outpouring of appreciation for these essential home goods.

THANKS & BLESSINGS

A recently installed heating and air conditioning system in the Volunteer Activity room has allowed for a significant expansion of our activities. We greatly appreciate the thoughtfulness and generosity of our anonymous donor.

MEET A MEALS ON WHEELS PARTICIPANT

76 year old Dan P. lives alone. He never married and has no family at all. Dan suffers from diabetes and can't walk. The government sends him an aide 2-3 days per week for a few hours. Aside from our driver, this is the only person who visits him. When delivering his meals, our volunteer driver Elana (Elana the Clown) saw that his house was in a sorely dilapidated condition with broken items, garbage piles and mold growing. Elana and our Home Visit Representative, Shlomit Twizer, contacted the non-profit Sachi for help to repair, clean and paint Dan's house. Baruch HaShem, Sachi worked wonders and turned a hovel into a home. Dan says: **"I am so grateful to Ezrat Avot. I was so depressed living in such a horrible situation and I feel much better now. I also see that people care about me."** Shlomit will visit the home of each program participant to assess their situation. She will also be partnering with Tnoofah, a non-profit, to work to repair the homes of Holocaust Survivors who receive our Meals on Wheels

BEFORE **AFTER**

IN MEMORIAL, AVIYA LEV, Z'L

For over 10 years, Aviya, herself a Holocaust Survivor, took two buses traveling more than an hour to volunteer.

Her assistance in the office was invaluable. Aviya, who embodied kindness & dignity, will be truly missed by all of us. She graciously bequeathed a gift to be used for building a kitchenette in the Volunteer Activity room.

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To take part in supporting Holocaust Survivors and lonely seniors please contact us:
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