עזרת אבות
Ezrat Avot
Aging With Dignity.
Since 1976

EZRAT AVOT ROSH HASHANAH

2023 / 5784

Dear Friends,

As we approach Rosh Hashanah, I want to express my deepest gratitude for your support and efforts in making a difference in the lives of lonely seniors and Holocaust survivors.

Our nation is witnessing a significant increase in the elderly population, with unique challenges that demand our attention. Loneliness, isolation, financial insecurity, and health issues have become pressing concerns for many.

We ask you to please help Ezrat Avot provide very special Rosh Hashanah food packages for over 3,500 of Jerusalem's poor, elderly, Holocaust Survivors, families, widows and widowers, single parent households and singles who depend on this food for their holiday meals which brings them such joy! Each package is valued at 400 NIS.

By donating today, you can be a source of light and hope for our elderly. Everyone deserves to age with dignity, respect, and the comfort of knowing they are not forgotten.

On behalf of Ezrat Avot and our communities, I wish you and your loved ones a joyous and blessed Rosh Hashanah. May the New Year bring you health, happiness, and fulfillment.

וּתְשׁוּבָה וּתְפִלָּה וּצְדָקָה מַעֲבִירִין אֶת רֹעַ הַגְּזֵרָה

L'Shana Tova U'Metuka!

Sraya Sharabi
Executive Director

TO DONATE PLEASE CONTACT US:
02-582-9984 / info@ezratavot.org / www.ezratavot.org /
Social media: @EzratAvot / עזרת אבות

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MEALS ON WHEELS

Nourishing the Community

Ezrat Avot's Meals on Wheels Program Experiences Remarkable 25% Growth

With a deep commitment to serving the elderly, Ezrat Avot has witnessed firsthand the increasing demand for support among this population. Recognizing the importance of addressing food insecurity and promoting social connection, the organization has expanded its Meals on Wheels Program to meet the community's growing needs.
With your help, Ezrat Avot can continue to nourish those in need.

The Gift of Connection

A Heartwarming Call of Gratitude to Ezrat Avot

A recent phone call touched the hearts of Ezrat Avot's team. An elderly woman expressed her gratitude for the hot meals, saying, "I haven't eaten a hot meal in ages." Her words epitomize the profound impact of Ezrat Avot's mission. Beyond nourishment, these meals represent a lifeline of care, support, and human connection for vulnerable seniors facing daily challenges.

Uniting Forces for Jerusalem

Non-Profit Agencies

Ezrat Avot hosted a conference bringing together 14 non-profit organizations dedicated to helping various needy populations. The conference's primary objective was to discuss Jerusalem's welfare and develop a unified plan to join forces to assist the community.

Spotlight

Meals On Wheels Participant

Meet Dolly, a remarkable 90-year-old woman who made Aliya from the US with her five children five decades ago. Throughout life's trials, which included the birth of her seventh child with Down syndrome and the loss of her husband, she displayed unwavering love, even opening her heart to adopt another Down syndrome child in need.

Dolly's journey has been one of both joy and sorrow, with the painful loss of two children and her remaining children living far away. Today, in her golden years, she can't cook or shop for herself and hardly ate prior to joining our program. Our volunteer driver, a senior himself, delivers her meals and visits with her. Dolly told us, ***"Thank you from the bottom of my heart. These visits mean so much to me, and I am eating again and look forward to such good meals."***

Generations United

Fostering Generational Bonds through Acts of Kindness

Efrat, a dedicated kindergarten teacher from Chashomonaim, helped her students to connect with the elderly. Each student prepared a card and a cake as a gift for each Meals on Wheels Program participant.

HAPPENING AT EZRAT AVOT

Celebrating Shavuot with Love

Honoring Holocaust Survivors in a Joyful Partnership

We joined forces with Chasdei Naomi this Shavuot to host a celebration for over 100 Holocaust survivors. This special occasion was celebrated with a hot meal, performances, and dance.

Each participant received a gift bag of dairy products and a floral bouquet.

The atmosphere was filled with love and unity as we honored these remarkable individuals.

Holocaust Survivor Chorus

Ezrat Avot's Inspiring Performance

Ezrat Avot had the privilege of hosting a memorable performance by a chorus comprised of Holocaust survivors. They united their voices in a captivating performance that touched our hearts.

Center Activities

Ezrat Avot's Monthly Rosh Chodesh Parties

Ezrat Avot hosted a heartwarming Rosh Chodesh party that radiated joy and warmth. This festive gathering created a vibrant atmosphere filled with laughter, delicious food, music, and dance, delighting both the elderly attendees and the dedicated staff members.

Summer Travel

Women's Trip to the Kotel

The moadon is continuing with their various activities. In addition, the women of the Center were able to travel together to the Kotel for a special morning. By providing tranportation, we were able to ease the difficulties of getting to this holy site.

Making Donations Easier Than Ever

www.ezratavot.org

At Ezrat Avot, we are working on developing our new website. Featuring a user-friendly platform to work seamlessly on all devices, donating quickly and securely will be at your fingertips.

OUR VOLUNTEERS

A Growing Volunteer Community Filled with Laughter and Chessed

With immense gratitude, our volunteer group has experienced remarkable growth as word of our program spreads. Laughter fills the air, warming our hearts as we share moments of chessed.
What makes our community truly special is the diverse tapestry of ages and backgrounds united by a common purpose. Grandparents and grandchildren, parents with newborns, teenagers with friends, and groups including seminary classes, schools, youth groups, summer camps, Bar and Bat Mitzvah celebrants, Army groups, Women's Learning groups, and even tourists help us in our endeavors.

A Holocaust Survivor's Extraordinary Volunteerism

Our dedicated volunteer Felix, a Holocaust survivor, was honored at a ceremony at Yad Vashem.

Wishing each of you a Shana Tova and Ktiva Ve'chatima Tova!

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